

Programme for 2017 - 2018

Please note: No classes will be held on bank holidays or during Easter week

*7th May 2018 Early May bank holiday – 28th May 2018 Spring bank holiday

Autumn Term	Monday	Wednesday	Friday
4 th Sept– 20 th Oct	Aerobics	Tums.Bums & Legs	Jivercise
30 th Oct-18 th Dec	Zwing	Tums,Bums & Legs	Salsacise
5 th Jan-17 th Feb	Charleston	Tums, Bums & Legs	Aerobics
26 th Feb-28 th March	Jivercise	Tums, Bums & Legs	Zwing
16 th April – 26 th May*	Aerobics	Tums, Bums & Legs	Charleston
11 th June – 30 th July	Salsacise	Tums, Bums & Legs	Jivercise